Coverage for: Individual and Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-209-0080. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.MyAmeriBen.com</u> or call 1-844-209-0080 to request a copy.

Important Questions	Answers			Why This Matters:
		Network	Non-Network	Generally, you must pay all of the costs from providers up to the deductible
What is the overall deductible?	Per participant:	\$3,200	\$6,000	amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total
	Per family:	\$6,000	\$12,000	amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive car	<u>°e</u> .		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.
		Network	Non-Network	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Per participant:	\$5,000	\$15,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>
<u></u> .	Per family:	\$10,000	\$30,000	pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance Plan doesn't cover, maximums, charges amounts, and non-r	charges in exc s in excess of n	ess of benefit naximum allowed	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes, for medical: Anthem. See <a href="https://www.anthem.com">www.anthem.com</a> or call 1-800-331-1476 for a list of	



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Common		u Will Pay	Limitations, Exceptions,
Medical Event Services You May Need		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information
	Primary care visit to treat an injury or illness	20% co-insurance after deductible	40% co-insurance after deductible	Retail clinics and home visits are also covered.
If you visit a health care provider's	<u>Specialist</u> visit	20% co-insurance after deductible	40% co-insurance after deductible	Retail clinics and nome visits are also covered.
office or clinic	Preventive care/screening/ immunization	reventive care/screening/ No Charge Not Covered preventive. A	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% co-insurance after deductible	40% co-insurance after deductible	none
If you have a test	Imaging (CT/PET scans, MRIs)	20% co-insurance after deductible	40% co-insurance after deductible	none

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What You Will Pay  Network Provider Non-Network Provider (You will pay the least) (You will pay the most)		Limitations, Exceptions,	
Medical Event	Services You May Need			& Other Important Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.maxor.com.	Generic drugs	20% co-insurance after deductible, up to \$200	Not Covered	Retail Day Supply Limit: thirty-four (34) day supply Specialty Drugs are limited to a thirty (30) day	
	Preferred brand drugs	20% co-insurance after deductible, up to \$200	Not Covered	supply for retail purchases.  Mail Order Supply Limit: ninety (90) day supply  Not all prescription drugs are covered. To	
	Non-preferred brand drugs	20% co-insurance after deductible, up to \$200	Not Covered	determine if a specific drug is covered under your plan, log into your account at <a href="www.maxor.com">www.maxor.com</a> .  If you obtain <a href="prescription drugs">prescription drugs</a> from a nonnetwork pharmacy, you will be required to pay the	
	Specialty drugs	20% co-insurance after deductible, up to \$200	Not Covered	full cost of the prescription.  Pre-certification is required for some drugs.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% co-insurance after deductible	40% co-insurance after deductible	Pre-certification is required [except for office surgeries, all colonoscopies and sigmoidoscopies (screening and diagnostic), and intra-articular hyaluronic acid injections].	
	Physician/surgeon fees	20% co-insurance after deductible	40% co-insurance after deductible		
	Emergency room care	20% co-insurance after deductible		none	
If you need immediate medical attention	Emergency medical transportation	20% co-insurance after deductible		Pre-certification is required for non-emergent air ambulance.  Chartered air flights are not covered.	
	<u>Urgent care</u>	20% co-insurance after deductible	40% co-insurance after deductible	none	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What Yo	u Will Pay	Limitations, Exceptions,	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information	
If you have a	Facility fee (e.g., hospital room)	20% co-insurance after deductible	40% co-insurance after deductible	Due constituention in manufued	
hospital stay	Physician/surgeon fees	20% co-insurance after deductible	40% co-insurance after deductible	<u>Pre-certification</u> is required.	
If you need mental health, behavioral health, or substance	Outpatient services	20% co-insurance after deductible	40% co-insurance after deductible	<u>Pre-certification</u> is required for partial hospitalization and intensive outpatient programs in excess of eighteen (18) visits per calendar year.	
abuse services	Inpatient services	20% co-insurance after deductible	40% co-insurance after deductible	<u>Pre-certification</u> is required.	
If you are pregnant	Office visits	20% co-insurance after deductible	40% co-insurance after deductible	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	20% co-insurance after deductible	40% co-insurance after deductible	Depending on the type of services, a <u>co-payment</u> , <u>co-insurance</u> , or <u>deductible</u> may apply.	
	Childbirth/delivery facility services	20% co-insurance after deductible	40% co-insurance after deductible	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	20% co-insurance after deductible	40% co-insurance after deductible	<u>Pre-certification</u> is required.	
If you need help recovering or have other special needs	Rehabilitation services	20% co-insurance after deductible	40% co-insurance after deductible	Calendar Year Limit: sixty (60) visits for physical, occupational, and speech therapy combined  Pre-certification is required after the calendar year limit has been met.	

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.MyAmeriBen.com}}$ .

Common		What Yo	u Will Pay	Limitations, Exceptions,	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information	
				Maintenance therapy is not covered.	
	Habilitation services	20% co-insurance after deductible	40% co-insurance after deductible	Calendar Year Limit: sixty (60) visits for physical, occupational, and speech therapy combined	
		and doddonsio		<u>Pre-certification</u> is required after the calendar year limit has been met.	
If you need help recovering or have other special needs  If your child needs dental or eye care	Skilled nursing care	20% co-insurance after deductible	40% co-insurance after deductible	Calendar Year Limit: one hundred twenty (120) days  Pre-certification is required.	
	Durable medical equipment	20% co-insurance after deductible	40% co-insurance after deductible	Pre-certification is required for durable medical equipment in excess of \$2,000 (purchase price only).	
	Hospice services	20% co-insurance after deductible	40% co-insurance after deductible	Respite care is not covered.	
	Children's eye exam	Not C	overed		
	Children's glasses	Not C	overed	none	
	Children's dental check-up	Not Covered			

### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care

- Long-term care
- Private-duty nursing

- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care
   Calendar Year Maximum: thirty-five (35) visits
- Hearing aids (except when over-the-counter)
   Limited to one (1) hearing aid per ear, every two (2) years
- Infertility treatment
  - Lifetime Maximum: \$12,500, including prescriptions
- Non-emergency care when traveling outside the U.S.
- Routine eye care Calendar Year Maximum: one (1) exam

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. You may also contact the Plan Administrator at 1-812-468-7895. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

You may also contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen

Attention: Appeals Coordination

P.O. Box 7186 Boise, ID 83707 1-844-209-0080

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-209-0080.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-209-0080.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-844-209-0080.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-209-0080.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,20
■ Specialist cost sharing	20%
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$3,200		
Copayments	\$0		
Coinsurance	\$1,800		
What isn't covered			
Limits or exclusions			
The total Peg would pay is	\$5,000		

\$12,700

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,20
■ Specialist cost sharing	20%
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

<b>Total Example Cost</b>	\$5,600

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$2,100		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$200		
The total Joe would pay is	\$2,300		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,200
■ Specialist cost sharing	20%
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

**Total Example Cost** 

In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800

\$2.800