

AmeriBen Case Management supports you and your family

Personalized care during a serious illness or injury

Hospitalization or receiving a new diagnosis can suddenly change your life and priorities. AmeriBen Case Management is here to help guide and support you. Our healthcare professionals are trained to help you understand options for medical care, treatments, behavioral health, home care, and lifestyle changes.

Personalized care when you need it

Registered nurses and behavioral health case managers offer a variety of confidential services to ensure you or covered family members receive personalized, high-quality, cost-effective care.

Case managers:

- Serve as an important link for coordinating communication and care among your doctor, hospital, facility, other healthcare professionals, your insurance carrier, and you.
- Become a part of a support system for you and your family during a medical situation or mental illness — and can offer advocacy, support, and education specific to your needs.
- Help you find in-network providers to save you money
- Explore cost-saving programs and options available to you.
- Consult with your healthcare providers to ensure appropriate treatment and obtain additional discounts.
- Assist you with precertification of requested medical or behavioral health services to help simplify the insurance process and keep you informed of costs.
- Help with transitions of care and follow up after a hospital stay to ensure you are recovering without complications after discharge.

We are available to answer questions about your care and needs. You might also receive a call from us to see if AmeriBen Case Management could be a good fit for your needs. This program is included in the benefits offered by your company and is available at no extra cost to you.

To contact an AmeriBen case manager, you can:

- Call **888-235-3811**
- Visit **myameriben.com**.



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