



WORK WITH A WELLNESS COACH!

Our experienced health coaches are here to help you with nutrition, lifestyle changes, exercise prescriptions and more!

**WOULD YOU LIKE TO MEET
WITH A COACH?**

Email CorporateWellness@deaconess.com, or call 812-492-5714.

Available to all Old National employees.

 **Deaconess
Clinic**
WELLNESS SOLUTIONS

Nutrition Counseling | Lifestyle Coaching | Goal Setting | Meal Prep | Weight Loss | And More!